# Questions for the woman

Surname	Height
First name	Weight
Date of Birth	Occupation
Adress:	
Fertility-clinic:	

How long have you been together without contraception?

#### Do you smoke?

If yes, how many cigarettes do you smoke per day? If yes, how many years have you been smoking? If no, have you ever smoked? If yes, how many cigarettes did you smoke per day? If yes, how many years did you smoke?

# Do you drink alkohol?

If yes, how many units per week do you drink?

### Do you have a special diet?

If yes, what diet are you on? If yes, what reason are you on a special diet? For how long? Are you vegan or vegetarien?

#### General health

Have you had any allergies?

If yes, what are they?

Have you had any surgery in the past?

If yes, what and when?

Are you on any long-term medication?

If yes, give details

Are you aware of any history of genetic/hereditary illness in your family?

#### Have you ever had any of the following (answer yes or no to each)

- HIV
- Hepatitis B/C
- Chlamydia
- Migraine
- High blood pressure
- Herpes
- Cystitis
- Thyroid problems
- Pelvic inflammatory disease (PID)

- Abnormal smear tests
- Diabetes
- Radiotherapie/Chemotherapie

Previous	obstetric	history
I I C V I U U S	obsteti ie	mistur y

Have you ever been pregnant?
If yes, was the pregnancy with your current partner?
If yes, how many pregnancies have you had? Please specify dates

If yes, how many full-term pregnancies have you had?

If you had a full-term pregnancy, how did you give birth (was the delivery by caesareansection or vaginal?

If you had a full-term pregnancy, have you ever had any complications during or after the delivery?

#### Have you ever had a termination in the past?

If yes, when was it?

# Have you experienced an ectopic pregnancy?

If yes, did you have your tube removed surgically?

# Have you experienced a miscarriage?

If yes, how many miscarriages have you had? If yes, at how many weeks did your miscarriage occur? If yes, did you require an evacuation of retained products of conception (ERPC) after the miscarriage?

## Have you had surgery to remove a fibroid?

#### **Previous investigations:**

Have you had a laparoscopy?

Have you had a hysteoscopy?

Have you had a tubal patendy test?

Have you had an ultrasound scan?

If yes, when was the latest scan you had?

Have you had any hormone tests?

If yes, please list the test results

FSH (day 1-5)

LH (day 1-5)

Oestadiol (day 1-5)

Prolaktin (day 1-5)

AMH (ZT 3)

Progesteron (day 21)

Thyroid:

THS

FT4

FT3

Thyroid antibodies Your menstrual cycle At what age did you start your periods? How regular are they? How regular have they been for the last two or three years? How long is the shortest menstrual cycle? How long is the longest menstrual cycle? How many days does your period last? Are your periods heavy, moderate or light in your own experience? Do you notice clots in the menstrual discharge? If yes, are there a lot of clots or just a few? Do you suffer from period pain? If yes, do you take pain killers? Do you have inter-menstrual bleeding (between periods)? If yes, how many days? Do you have post menstrual bleeding? If yes, how many days? Do you have post-coital bleeding? If yes, how many days? Do you have pre-menstrual bleeding? If yes, how many days? When was your last bleeding (which date)? **Previous fertility treatments** female hormone treatment Have you had Clomiphen ovulation induction in the past? If yes, how many cycles have you had? Did you have any of the following side effects (please unterline) irritability – mood swings – nausea – head aches – swollen belly – swollen legs/ancles ovarian hyper stimulation Have you ever been prescribed Metformin or Clavella? If yes, how long have you been on it? Details of assisted fertility treatment (include IUI, IVF, ICSI, Kryo).

Date	Cycle	No: Follicles/eggs/ embryos	Endometrium	Pregnancy

How was the quality of the eggs / embryos? If you have had severeal cycles: has the quality of eggs/ embryos changed?

- Were you prescribed ASS 100, Heparin or Clexane for blood clotting?
- Progesterone (Utrogest)
- Stereoids für NK-cells?